

	Mellemtid				Samlet tid		
	Distance	Tid	Placering	Tempo	Tid	Placering	Klokken
10 KM	10 km	44:37	179	4:27 min/km	44:37	179	10:45:08
20 KM	10 km	45:04	170	4:30 min/km	1:29:41	173 ▲	11:30:12
Halvmarathon	1,1 km	4:45	160	4:19 min/km	1:34:26	160 ▲	11:34:57
30 KM	8,9 km	42:15	154	4:44 min/km	2:16:41	154 ▲	12:17:12
40 KM	10 km	57:28	381	5:44 min/km	3:14:09	191 ◆	13:14:40
Marathon	2,2 km	11:51	343	5:23 min/km	3:26:00	193 ◆	13:26:31
Total	42,2 km	3:26:00	193	4:52 min/km	3:26:00	193	13:26:31