





	Mellantid				Total tid		
	Distans	Tid	Placering	Tempo	Tid	Placering	Klockan
10 KM	10 km	49:14	413	4:55 min/km	49:14	413	10:51:28
Halvmarathon	11,1 km	54:37	356	4:55 min/km	1:43:51	383 	11:46:05
30 KM	8,9 km	44:23	331	4:59 min/km	2:28:14	365 	12:30:28
40 KM	10 km	55:23	383	5:32 min/km	3:23:37	351 	13:25:51
Marathon / Finish	2,2 km	12:31	507	5:42 min/km	3:36:08	358 	13:38:22
Totalt	42,2 km	3:36:08	358	5:07 min/km	3:36:08	358	13:38:22