

	Mellemtid				Samlet tid		
	Distance	Tid	Placering	Tempo	Tid	Placering	Klokken
10 KM	10 km	47:20	215	4:44 min/km	47:20	215	10:47:52
20 KM	10 km	47:29	214	4:44 min/km	1:34:49	214 🟩	11:35:21
Halvmarathon	1,1 km	3:23	292	3:05 min/km	1:38:12	219 🟥	11:38:44
30 KM	8,9 km	45:13	319	5:04 min/km	2:23:25	242 🟥	12:23:57
40 KM	10 km	1:02:47	602	6:16 min/km	3:26:12	361 🟥	13:26:44
41,07 KM	1,07 km	6:39	477	6:12 min/km	3:32:51	361	13:33:23
Finish	1,13 km	7:57	556	7:04 min/km	3:40:48	369 🟥	13:41:20
Total	42,2 km	3:40:48	369	5:13 min/km	3:40:48	369	13:41:20